

Prayer for Health Staff

Wondrous God, author of life,
you fashioned us in your likeness
and breathed into us
the life which is your own.

Be with those whose special care
is the health of mind and body.

Fill their hearts with awe
for the life which is your gift
and sustain them daily in your service,
that their hands may bring to others
the comfort of your healing touch.

Through Christ our Lord.

Amen.

Prayer for those Affected

Merciful God,

come to the help of your people.

Be our shelter in this time of peril

and strengthen the bonds of our community.

Bring healing to all who suffer

the ravages of disease

and assist those whose skill and art

can put an end to this affliction.

Through Christ our Lord.

Amen.



O God,

our refuge and our shield,

even when we walk in the shadow of death

you are there at our side.

Be with your people in this time of danger:

bring strength to the afflicted

and protection to those untouched by disease.

Give us love and courage,
that we may trust in your power to save
and reach out to all who need our care.
Through Christ our Lord.
Amen.

Spiritual Communion

There are times when people are unable to receive the Body and Blood of Christ, through illness or due to their personal disposition. Even though some may not receive 'sacramental' Communion, all are united in some way by the Holy Spirit. The traditional idea of 'spiritual' Communion is an important one to remember and reaffirm. A deep spiritual communion is possible even when we do not share together the Sacrament of the Body and Blood of Christ. (cf. Celebrating the Mass 21.2)

My Jesus,

I believe that you are present in this Holy Sacrament of the altar.

I love you above all things

and I passionately desire to receive you into my soul.

Since I cannot now receive you sacramentally,

come spiritually into my soul

so that I may unite myself wholly to you now and forever.

Amen.

based on a prayer of St Alphonsus Liguori

Self-Isolation

If there is a chance that a person has Coronavirus healthcare professionals may advise self-isolation for up to 14 days. Government advice should be followed.

Those who are self-isolated may wish to spend some of the time in prayer. Use might be made of websites such as Pray as you go [<https://pray-as-you-go.org>]. Click to Pray [<https://clicktopray.org>] or Universalis [www.universalis.com] — to follow the readings at Mass each day or to join in the Prayer of the Church. Parishes will find ways of supporting people through prayer, communication (phone or social media) and practical support (food etc.).

Phrases from Scripture

O Lord, come to my rescue,

Lord, come to my aid.

Heal me, O Lord, and I shall be healed;

save me, and I shall be saved, for you are my praise.

Lord, save me

Amen, Come, Lord Jesus.

Ps 39:14

Jer 17:14

Matt 14: 30

Rev 22:20