

Meet
Halima

aged 8



Myanmar to Bangladesh

How would you feel
if you had only rice
and potatoes
to eat?

Halima and her family had to leave their country because of fighting.

They are now in a refugee camp in Bangladesh. They do not have a good diet. They have been surviving on just rice and potatoes.



Meet
Mohammed

aged 6

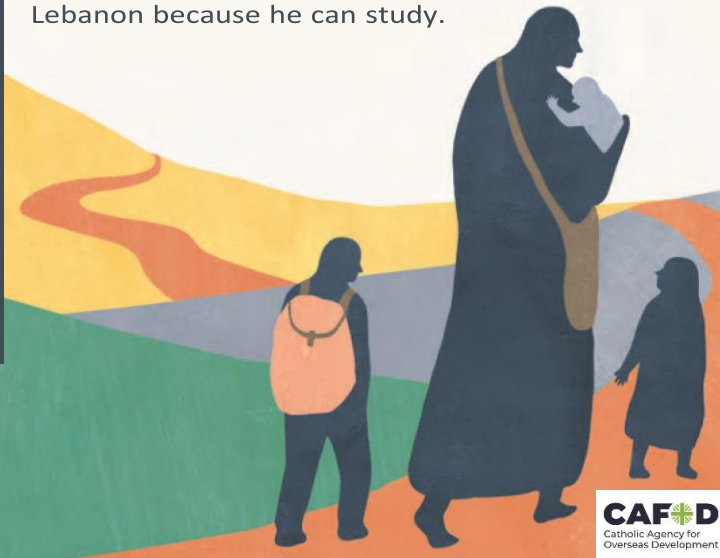


Syria to Lebanon

If you had to leave
home suddenly,
what would you
take with you?

Soldiers made Mohammed's family leave their home without anything. Mohammed had to leave his toys behind.

In Syria he could not go to school because lots of schools had been destroyed. Mohammed loves Lebanon because he can study.



Meet
Ruth

aged 4



South Sudan to Uganda

How would you feel
if you had to leave
your home?

Drought and fighting have forced many people to leave South Sudan. Ruth's family now live in a refugee camp.

CAFOD's friends, Caritas, gave seeds and tools to Ruth's father. He grew vegetables and sold some to buy new sandals for his children and fish for a healthier diet.



Meet
Dainer

aged 6



Venezuela to Colombia

What would you
do if you could not
afford to buy food?

In Dainer's country, food costs a lot. Dainer's family, like many others, cannot afford it.

Dainer's dad gets up very early each day to cross the border into Colombia for food. Sometimes Dainer goes too.

