



Catholic Agency for
Overseas Development

The Beatitudes

Based on Matthew 5:1-17



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**You are blessed when you have
an open and generous heart.**



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**When you share what you have with others
God is very close to you.**



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**You are blessed when you comfort
those who grieve.**



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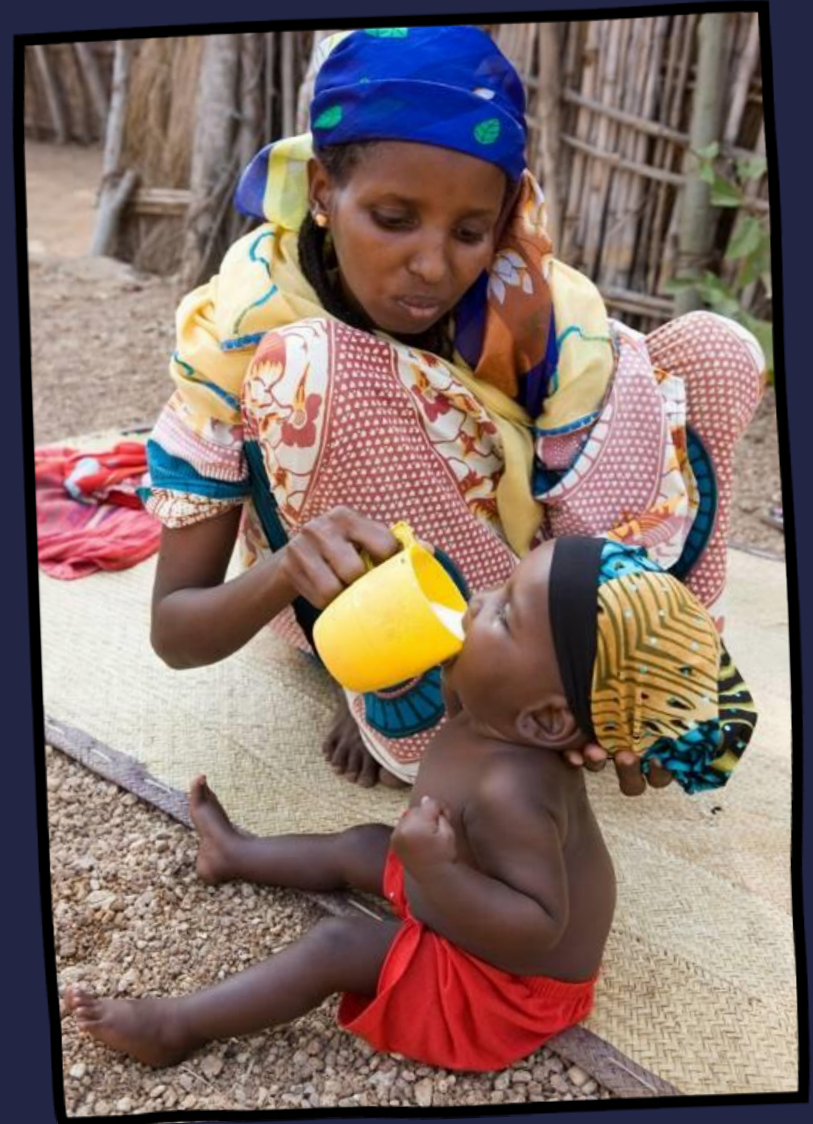


**God is there to comfort you as you reach out to those
who are sad and lonely.**



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**You are
blessed when
you are gentle
and patient.**





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**God will treat you with the same kindness which
you give to others.**



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**You are blessed when you work for
justice and respect for all.
God wants you to have fullness of life.**



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**You are blessed
when you forgive
others from your
heart. God will
always welcome
you with
forgiveness too.**



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**You are blessed
when you search
for what is right
and good.**





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A photograph of two young girls standing outdoors. The girl in the foreground is wearing a yellow t-shirt with green and blue stripes on the sleeves and a graphic of a soccer ball. She has dark hair and is looking towards the camera with a slight smile. The girl behind her is also looking towards the camera. The background consists of lush green trees and foliage.

**When you do this, you will learn
to recognise the presence of
God in all around you.**



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**You are
blessed when
you try to be a
peacemaker.**





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**When you try to stop quarrels from starting or
when you are the first to say sorry,
you are behaving as a child of God.**



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**You are
blessed when
you respect
and stand up
for the rights of
others. God will
give you life to
the full.**



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**You are blessed when you are teased for trying to
live in God's way.**



When others make life difficult for you, God is very close to you and will help you to be strong.



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Which Beatitude will you try to live out this week?



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Photographs: Paul Smith, Claudia Torres, Simon Rawles, Annie Bungeroth, Laura Donkin,
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