*The monster introduced himself.*

*“I am Silly Ness and I really need your help.”*

*Angus and Elspeth gasped and blinked in amazement. At last, they not only seen but now met the Loch Ness Monster!*

*“How can we help?” asked Angus.*

*“I have trapped my big toe in the rocks because I’ve been practising somersaults,” Silly Ness replied with a pained expression on his face.*

*“Don’t panic! We can help – we love a challenge!” smiled Elspeth.*