Wellbeing resources to help Children in lockdown

Below you will find a link to a website which suggests ideas to promote children's wellbeing in lockdown. If you click on the link and explore pack 1, you will find activities around creating routine, feelings diaries and a coping toolkit.

Resources to boost your child's wellbeing during the Covid-19 pandemic - Partnership for Chilldren (partnershipforchildren.org.uk)

We will post more link to wellbeing resources for children next week.