

# Menu

Serving fantastic lunches everyday - All menus are planned to comply with School Food Standards and all new dishes are tested by children. Our meat is Red Tractor Farm Assured, our fish is MSC certified and we also use a number of Free Range and Organic products throughout the menu. There is always fresh fruit and salad, bread and locally produced yoghurt available daily.

## Week 1

Week commencing  
11th April, 2nd & 23rd May, 13th June,  
4th & 25th July, 15th August, 5th & 26th September,  
17th October, 7th & 28th November.

	Monday		Tuesday		Wednesday		Thursday		Friday Favourites	
Choice 1	Pork or Vegetarian Sausages & Onion Gravy	Creamed Potatoes Broccoli Florets & Carrot Batons	Crispy Fish Finger Wrap	Potato Wedges & Mixed Vegetable Medley	Roast Beef Yorkshire Pudding & Gravy	Roast Potatoes Seasonal Cabbage & Carrot Batons	Homemade Chicken Curry	Mixed Rice & Naan Bread	Crispy Tempura Fish Goujons	Oven Baked Chips or New Potatoes & Garden Peas
Choice 2	Four Cheese Ravioli & Tomato Sauce (v)	Homemade Garlic Dough Balls & Salad Selection	Sweet Chilli Quorn & Veggie Noodles (v)	Mini Vegetable Spring Rolls	Pasta Arrabbiata (v)	Homemade Garlic Bread & Salad Selection	Free Range Omelette with Choice of Filling	Herby Diced Potatoes & Mixed Vegetable Medley	Homemade Pizza Margherita (v)	Oven Baked Chips or New Potatoes & Sweetcorn
Choice 3	Soft Sandwich Roll with Choice of Filling	Tortilla Chips Veggie Sticks & Dips	French Bread Pizza with Cooks Choice of Topping	Potato Wedges & Freshly Prepared Salad Selection	Baked Jacket Potato with Choice of Filling	Freshly Prepared Salad Selection	Veggie Meatball Marinara Sub Roll (v)	Tortilla Chips & Freshly Prepared Salad Selection	Summer Picnic Mini Sandwich Rolls & Veggie Sausage Roll	Tortilla Chips Veggie Sticks & Dips
Desserts	Seasonal Fruit Crumble & Ice Cream	Fruit Yoghurt Fruit Selection Organic Milk	Fruit Jelly & Orange Wedges	Fruit Yoghurt Fruit Selection Organic Milk	Lancashire Cheese & Crackers with Grapes	Fruit Yoghurt Fruit Selection Organic Milk	Shortbread Biscuit & Melon Wedges	Fruit Yoghurt Fruit Selection Organic Milk	Chocolate Cookie & Milkshake	Fruit Yoghurt Fruit Selection Organic Milk

## Week 2

Week Commencing  
18th April, 9th & 30th May, 20th June, 11th July,  
1st & 22nd August, 12th September,  
3rd & 24th October, 14th November.

	Meat-Free Monday		Tuesday		Wednesday		Thursday		Friday Favourites	
Choice 1	Vegetarian Brunch (v)	Hash Brown & Baked Beans	Loaded Chilli Beef & Veggie Tortilla Boat	Paprika Potatoes & Crunchy Mixed Salad	Roast Chicken Sage & Onion Stuffing & Gravy	Creamed Potatoes Seasonal Cabbage & Carrot Batons	Beef Burger in a Bun with Tomato Ketchup	Potato Wedges Veggie Sticks & Dips	Crispy Battered Fish	Oven Baked Chips or New Potatoes & Mushy Peas
Choice 2	Tomato & Mascarpone Pasta (v)	Homemade Garlic Dough Balls & Broccoli Florets	Lancashire Cheese Whirl (v)	Garden Peas & Sliced Beetroot	Vegetable Korma Curry (v)	Mixed Rice & Naan Bread	Veggie Tomato & Pasta Bake (v)	Homemade Garlic Bread & Broccoli Florets	Homemade Pizza Margherita (v)	Oven Baked Chips or New Potatoes & Salad Selection
Choice 3	Baked Jacket Potato with Choice of Filling	Freshly Prepared Salad Selection	Soft Sandwich Roll with Choice of Filling	Tortilla Chips Veggie Sticks & Dips	French Bread Pizza with Cooks Choice of Topping	Tortilla Chips & Freshly Prepared Salad Selection	Baked Jacket Potato with Choice of Filling	Freshly Prepared Salad Selection	Freshly Baked Vegetarian Sausage Roll (v)	Oven Baked Chips or New Potatoes & Baked Beans
Desserts	Chocolate Brownie & Chocolate Sauce	Fruit Yoghurt Fruit Selection Organic Milk	Fresh Fruit Medley & Vanilla Cream	Fruit Yoghurt Fruit Selection Organic Milk	Fruit Jelly & Melon Wedges	Fruit Yoghurt Fruit Selection Organic Milk	Lancashire Cheese & Crackers with Grapes	Fruit Yoghurt Fruit Selection Organic Milk	Summer Treat Dessert	Fruit Yoghurt Fruit Selection Organic Milk

## Week 3

Week commencing  
25th April, 16th May, 6th & 27th June, 18th July,  
8th & 29th August, 19th September,  
10th & 31st October, 21st November.

	Monday		Tuesday		Wednesday		Thursday		Friday Favourites	
Choice 1	BBQ Chicken Flatbread	Paprika Wedges & Mixed Vegetable Medley	Meatball Sub Roll with Tomato Sauce	Tortilla Chips Veggie Sticks & Dips	Roast Pork Yorkshire Pudding & Gravy	Roast Potatoes Seasonal Cabbage & Carrot Batons	Chinese Style Chicken Curry	Veggie Noodles & Mini Spring Roll	Golden Crumb Omega 3 Fish Fingers	Oven Baked Chips or New Potatoes & Garden Peas
Choice 2	Pasta Neapolitan (v)	Homemade Garlic Dough Balls & Salad Selection	Quorn Tikka Masala Curry (v)	Mixed Rice & Naan Bread	Creamy Cheese & Pasta Bake (v)	Homemade Garlic Bread & Salad Selection	Vegetarian Sausage in a Bun & Tomato Ketchup (v)	Herby Potatoes & Baked Beans	Homemade Pizza Margherita (v)	Oven Baked Chips or New Potatoes & Sweetcorn
Choice 3	Crispy Bubble Coated Salmon	Paprika Wedges & Mixed Vegetable Medley	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Soft Sandwich Roll with Choice of Filling	Tortilla Chips Veggie Sticks & Dips	French Bread Pizza with Cooks Choice of Topping	Tortilla Chips & Freshly Prepared Salad Selection	Summer Picnic Mini Sandwich Rolls & Veggie Sausage Roll	Tortilla Chips Veggie Sticks & Dips
Desserts	Oaty Biscuit & Apple Wedges	Fruit Yoghurt Fruit Selection Organic Milk	Homemade Jam & Cream Split	Fruit Yoghurt Fruit Selection Organic Milk	Raspberry Ripple Ice Cream Sponge Roll	Fruit Yoghurt Fruit Selection Organic Milk	Fruit Jelly & Orange Wedges	Fruit Yoghurt Fruit Selection Organic Milk	Gluten Free Chocolate Muffin & Melon Wedges	Fruit Yoghurt Fruit Selection Organic Milk

Whilst every effort is made to produce the published menus, please note that they may vary occasionally subject to availability and individual school requirements. All our menus are checked using a recognised programme to analyse nutrition. We also work with Lancashire Healthy Schools and support the Change 4 Life campaign. The result is a menu your child will enjoy and that will prepare them for learning in the afternoon.