

## Wellbeing resources to help Children in lockdown

Below you will find a link to a website which suggests ideas to promote children's wellbeing in lockdown. If you click on the link and explore pack 1, you will find activities around creating routine, feelings diaries and a coping toolkit.

[Resources to boost your child's wellbeing during the Covid-19 pandemic - Partnership for Children \(partnershipforchildren.org.uk\)](https://partnershipforchildren.org.uk/resources-to-boost-your-childs-wellbeing-during-the-covid-19-pandemic)

We will post more links to wellbeing resources for children next week.