



St. Mary's Catholic Primary School

Our Lenten planner



Lenten Fundraising:

This year we are raising money for a mental health charity, Lancashire Mind.



Please make donations if you are able, directly to Lancashire Mind, by clicking on the link below:

[St Marys School is fundraising for Lancashire Mind \(justgiving.com\)](https://www.justgiving.com)

Lent week 1: (w/b 22nd February)

- Lent is a time to pray. Who might need our prayers at this time?
- Make a prayer paper chain



In the first lockdown, lots of us decorated our houses with rainbows. As we think about the coming Spring during Lent, you could make a rainbow coloured prayer paper chain. Each day, think of someone who needs our prayers and write their name on a strip of paper. Stick the strip into a loop with glue or a bit of sellotape, then keep adding a loop each day as you pray for someone as part of your Lenten promise. By Easter time, you will have a long chain to decorate your house or bedroom and remember all those people who you've held in prayer through Lent.

Lent week 2: (w/b 1st March)

- Lent is a time for fasting. Fasting means giving up something we enjoy, not just food!
- Make a Lenten promise card



Think of the things you are going to do or not do during Lent. You might decide to give up something you like to eat or drink, stop watching a TV programme or playing on X box. You might plan to say a thank you prayer for something in your life each day or just to do something kind without being asked. Write the promises down and decorate. Stick it somewhere you will see it to remind you each day, like the fridge. Could you help someone in your family to make a Lenten promise?

- World Book Day: Thursday 4th March

The Masked Reader

Design a mask of your favourite book character.

Read your favourite book wearing your mask.

Send your teachers a video so that your class can try and guess who is behind the mask.

Take it off! Take it off!



Lent week 3: (w/b 8th March)

- Lent is a time to give. Lent isn't just about giving to charity but about giving our time and loving care.
- Make a Lenten good deed jar



Find an empty jar. Each time you do something for someone else, say a prayer or decide to be helpful, put something in the jar. You can choose what to fill the jar with, maybe a note about what you did or a Lego brick! Can you fill the jar by Easter Sunday?

Lent week 4: (w/b 15th March)

- Lent lasts for 40 days.
After his baptism by John, Jesus fasted for 40 days in the wilderness. Can you find out how long it rained for in the story of Noah, or how long Moses was on Mount Horeb?
- Write your own prayer
Praying in Lent can help us to repent and change our ways. Write your own prayer, poem or acrostic. Here is an example of an acrostic:



May all children
In the world
Share love
Share friendship and live
In the peace
Of God's love
Now and forever. Amen

Lent week 5: (w/b 22nd March)

- Lenten efforts

In Lent, Christians make a special effort to spend more time doing three things that were important to Jesus: living simply, sharing what we have with others, and prayer. Our Lenten efforts, although they may be small, become beautiful signs of hope for the world.

- Design an Easter hat competition!

We'd like you to design a hat as a symbol of hope and the new life of spring. Please send your photographs to us as we would love to see your wonderful creations!



Email your photos to your teacher at:

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